

**The Carol Postpartum Sexual Function and Dyspareunia Assessment Scale (Carol Scale).** . López-Lapeyrere, C., Serna-Gómez, N., Hernández-López, A. B., Pérez-García, M. F., Tejeda-Esteban, A., & Solís-Muñoz, M. (2018). *The development and validation of a new postpartum sexual function and dyspareunia assessment tool: The Carol Scale. Midwifery, 58, 27-36*

**Instructions for completing the scale.** Please read each question carefully and then give your answer taking into account the situation which best describes the way you felt with respect to your postpartum sexual activity (with vaginal intercourse) during the last month. Put the appropriate score in each box. Please do not consult your partner when answering the questions. \*Vaginal intercourse, or coitus: the insertion and thrusting of the penis, usually when erect, into the vagina for sexual pleasure, reproduction, or both. It also include sexual penetration by the fingers, and penetration by use of a dildo.

<b>DURING THE LAST 4 WEEKS,</b>	
<b>Part 1. Evaluate the frequency of these symptoms:</b> Never (0), Almost never (1), Occasionally (2), Usually (3), Always (4)	<b>Frequency Score</b>
1. With what frequency did you feel desire before initiating sexual activity?	
2. With what frequency did you feel arousal during sexual activity?	
3. With what frequency did you feel vaginal lubrication or wetness during sexual activity?	
4. With what frequency did you feel pain or discomfort when touching or caressing the vulva and perineum during sexual stimulation?	
5. With what frequency did you feel pain or discomfort at the moment of vaginal penetration?	
6. With what frequency did you feel pain or discomfort during vaginal intercourse?	
7. With what frequency did you feel pain or discomfort after finishing vaginal intercourse?	
<b>Part 2. Evaluate the intensity of pain or discomfort</b> *: From 0 (no pain) to 10 (Worst pain imaginable)	<b>Intensity Score</b>
8. If you felt pain or discomfort when touching the vulva or perineum, how would you classify the intensity of pain or discomfort you felt?	
9. If you felt pain or discomfort at the moment of vaginal penetration, how would you classify the intensity of pain or discomfort you felt?	
10. If you felt pain or discomfort during vaginal intercourse, how would you classify the intensity of pain or discomfort you felt?	
11. If you felt pain or discomfort after finishing vaginal intercourse, how would you classify the intensity of pain or discomfort you felt?	

**\*A Numeric Score is used to evaluate pain (NRS)**

PAIN SCORE 0-10 Numerical Rating Scale (NRS)

